

## **Sculptra Aftercare Tips**

It is important that you adhere to these aftercare instructions to achieve the maximum benefit. These instructions should be followed after every Sculptra treatment.

- Massage the treated area (a few times each day) for several days after the treatment session.
- Within the first 24 hours after treatment, an ice pack should be applied for a few minutes at a time to the treated area to help reduce swelling. Wrap the ice in a cloth and avoid putting ice directly on your skin.
- Makeup may be applied a few hours after treatment if no complications are present.
- Avoid excessive sun and UV lamp exposure until any initial swelling and redness have resolved.
- Report any worsening of longer-lasting symptoms or signs to our office.